

Scripture to Overcome Depression

And have not shut me up into the hand of the enemy; You have set my feet in a wide place. (Psalm 31:8)

Blessed be the God and Father of our Lord Jesus Christ, the Father of mercies and God of all comfort. (2 Cor 1:3-4)

“And the Lord, He is the One who goes before you. He will be with you, He will not leave you nor forsake you; do not fear nor be dismayed.” (Deut 31:8)

Finally, brethren, whatever things are true, whatever things are noble, whatever things are just, whatever things are pure, whatever things are lovely, whatever things are of good report, if there is any virtue and if there is anything praiseworthy—meditate on these things. (Phil 4:8)

I waited patiently for the Lord; And He inclined to me, And heard my cry. He also brought me up out of a horrible pit, Out of the miry clay, And set my feet upon a rock, And established my steps. He has put a new song in my mouth — Praise to our God; Many will see it and fear, And will trust in the Lord. (Psalm 40:1-3)

“For You are my lamp, O LORD; The LORD shall enlighten my darkness. For by You I can run against a troop; By my God I can leap over a wall. As for God, His way is perfect; The word of the LORD is proven; He is a shield to all who trust in Him. (2 Sam 22:29-31)

Many sorrows shall be to the wicked; But he who trusts in the LORD mercy shall surround him. Be glad in the LORD and rejoice, you righteous; And shout for joy, all you upright in heart! (Psalm 32:10-11)

Therefore humble yourselves under the mighty hand of God, that He may exalt you in due time, casting all your care upon Him, for He cares for you. (1 Peter 5:6-7)

“These things I have spoken to you, that in Me you may have peace. In the world you will have tribulation; but be of good cheer, I have overcome the world.” (John 16:33)

For I am persuaded that neither death nor life, nor angels nor principalities nor powers, nor things present nor things to come, nor height nor depth, nor any other created thing, shall be able to separate us from the love of God which is in Christ Jesus our Lord. (Romans 8:38-39)

Beloved, do not think it strange concerning the fiery trial which is to try you, as though some strange thing happened to you; but rejoice to the extent that you partake of Christ's sufferings, that when His glory is revealed, you may also be glad with exceeding joy. (1 Peter 4:12-13)

The righteous cry out, and the LORD hears, And delivers them out of all their troubles. (Psalms 34:17)

The LORD is near to those who have a broken heart, And saves such as have a contrite spirit. Many are the afflictions of the righteous; But the LORD delivers him out of them all. (Psalms 34:18-19)

Not that I speak in regard to need, for I have learned in whatever state I am, to be content: I know how to be abased, and I know how to abound. Everywhere and in all things I have learned both to be full and to be hungry, both to abound and to suffer need. I can do all things through Christ who strengthens me. (Phil 4:11-13)

Answer me speedily, O LORD; My spirit fails! Do not hide Your face from me, Lest I be like those who go down into the pit. Cause me to hear Your loving-kindness in the morning, For in You do I trust; Cause me to know the way in which I should walk, For I lift up my soul to You. (Psalm 143:7-8)

But You, O LORD, are a shield for me, My glory and the One who lifts up my head. (Psalm 3:3)

Fear not, for I am with you; Be not dismayed, for I am your God. I will strengthen you, Yes, I will help you, I will uphold you with My righteous right hand.' (Isaiah 41:10)

The steps of a good man are ordered by the LORD, And He delights in his way. Though he fall, he shall not be utterly cast down; For the LORD upholds him with His hand. (Psalm 37:23-24)

The LORD also will be a refuge for the oppressed, A refuge in times of trouble. (Psalm 9:9)

Likewise the Spirit also helps in our weaknesses. For we do not know what we should pray for as we ought, but the Spirit Himself makes intercession for us with groanings which cannot be uttered. (Romans 8:26)

Anxiety in the heart of man causes depression, But a good word makes it glad. (Proverbs 12:25)